



## LIST OF SPORT ACTIVITIES INSURED UNDER THE IRC FACILITY USER PROGRAM

---

### LOW RISK SPORTS

- Backpacking
- Badminton
- Baton Twirling
- Bocce Ball
- Cornhole
- Hacky Sack
- Hiking
- Horse Shoes
- Juggling
- Lawn Bowling
- Mini Golf
- Paddle Ball
- Pickleball
- Shuffleboard
- Skipping Rope
- Table Tennis
- Tennis

### MEDIUM RISK SPORTS

- 5ks
- 10ks
- Aerobics
- Archery
- Baseball
- Basketball
- Broomball (Non-Contact)
- Cheerleading
- Cricket
- Croquet
- Cross Country
- Curling
- Dance Class
- Dance Competitions
- Dance Lessons
- Dance Practice
- Darts, Dodgeball
- Dry Land Training
- Figure Skating
- Flag Football
- Frisbee
- Golf, Handball
- Half Marathons
- In-line Skating
- Kickball
- Marching Band Competition
- Marching Band Practice
- Net Ball
- Nordic Walk
- Public Skate
- Racquetball
- Roller Skating
- Slo-Pitch
- Snowshoeing
- Softball
- Squash
- Tai Chi
- T-Ball
- Track & Field
- Touch Football
- Touch Rugby
- Ultimate Frisbee
- Volleyball
- Walkathons
- Weight Training
- Yoga
- Zumba

**instantriskcoverage.com**



## LIST OF SPORT ACTIVITIES INSURED UNDER THE IRC FACILITY USER PROGRAM

---

### HIGH RISK SPORTS

- 3 v 3 Hockey
- Hockey Power Drills
- Floor Hockey
- Mountain Biking
- Roller Hockey
- Sledge Hockey
- Ball Hockey
- Hockey Speed Drills
- Ice Hockey
- Pick-up Hockey
- Roller Skating
- Soccer
- Cycling
- Field Hockey
- Lacrosse
- Ringette
- Roller Derby
- Speed Skating

### HIGH RISK CONTACT SPORTS

- Ball Hockey Contact
- Ice Hockey Contact
- Field Hockey Contact
- Roller Derbys Contact
- Floor Hockey Contact
- Sledge Hockey Contact

### MARTIAL ARTS SPORTS

- Soft Touch Martial Arts

### WATER SPORTS

- Aqua Fit
- Paddle Boarding
- Water Polo
- Canoeing
- Swimming
- Kayaking
- Water Aerobics

### TYPES OF SPORT EVENTS PREMIUM CLASSIFICATIONS

- Individual Private Rentals
- Sport League Rentals
- Instructor Rentals
- Corporate Rentals
- Sport School Rentals
- Instructor Year Rentals
- Sport Camp Rentals
- Sport Tournament Rentals

**instantriskcoverage.com**